

**val rich**  
SAG-AFTRA  
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[212-810-7178](tel:212-810-7178)

Hair: Dark blonde                      Height: 5'9"  
Eyes: Blue                                Voice: Baritone  
Age Range: 34-45                      Clothing Size: M

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### **Television/Film**

The Enemy Within '18	Eastern European Man/stunt	Mark Pellington, Universal NBC Television
Quantico '18	FSB Thug/stunt	Kevin Sullivan, ABC Studios
Blacklist Redemption, 2017	Van Guard	Bill Roe, Mesquite Productions, Inc.
Madam Secretary, S3 'Snap Back', 2016	Russian Migration Officer	Sam Hoffman, CBS, Eye Productions, Inc.
Elementary, S4, 'Murder Ex Machine', '16	Gunman	Guy Ferland, CBS, Eye Productions, Inc.
Allegiance, S1, 'Family Crisis' 2015	Sasha, SVR guard	Alex Zakrzewski, Universal TV, LLC
Louie, S5, 'Untitled', 2015	Awful being	Louis CK, Pig Newton Production
'Texas rising' upfront, 2014	Various characters	Nat Geo
'Charlie Mantel', 2014	Mobster	Fred Carpenter
WJS TV, 2011	Special skills coach	Wall Street Journal TV
Tyra Banks show, 2010	Hand to hand combat instructor	Tyra Banks Show
'Salt', 2010	Spetsnaz instructor	Phillip Noyce, Sony Pictures
'Beautiful Jones' short	Fight choreographer, trainer	BlackSpaghettiProduction, J.Lord
Weekly TV show 'No Taboos'	Various roles, creative writing	TV3 Latvia/Beta Fact Production

### **Theater/Radio**

European Hit Radio	Announcer, radio imaging	current
Improv theater "Improvwine"		The "Last Premiere" company/4yrs
Defending the Caveman	Rob	Latvian Actors Association
The Political Satire Theater		Latvian Actors Association/4yrs

### **Dance**

Division Dance Co.	Modern Ballet	Season masterclass
Free Movements Dance Co.	Body movement improvisation	Season masterclass
Bare Feet Dance Co	Show dance, puppet	Three years
School of Modern Dance		One year

### **Training**

Field & Studio Production /2014	BronxNet/Lehman College	Producer
Art of Self Direction /2013	Voice Acting Workshop	Pat Fraley & Joan Baker
Acting/Improvisation/Voice	Hamlet Theater studio,	R.Zagorskis, Z.Daudzina
Voice and Speech	Latvian State Radio	

### **Additional Skills:**

Voice actor, martial arts, stunts, stage combat and choreography, acrobatics, dancing, driving, MC, fluent in Latvian & Russian.